





## Program Objectives

1. Describe the goals of the “Do you cAARd?” Diabetes and Tobacco Cessation Program.
2. Discuss the effects of tobacco use on a patient with diabetes.
3. Employ the Ask, Advise, Refer intervention on patients with diabetes who smoke.
4. Explain the California Smokers’ Helpline smoking cessation counseling session goals.
5. Plan interactions with colleagues to discuss tobacco use intervention.
6. Identify resources of the California Smokers’ Helpline and California Diabetes Program.



## Requirements for Completion and Program Credit

To obtain program credit, all participants are required to complete the program evaluation.

### This event is sponsored by:



This continuing nursing education activity was approved by the American Association of Diabetes Educators, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.  
This program, 0607-027, is approved for 1.0 contact hours.

American Association of Diabetes Educators (AM001) is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR) from June 1, 2006 to May 31, 2009. Registered dietitians (RD) and dietetic technicians, registered (DTR) will receive 1.0 continuing professional education units (CPEUs) for completion of this program. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials.

The American Association of Diabetes Educators is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program provides 1.08 contact hours (.100 CEU's) of continuing education credit.  
ACPE Universal Program Number: 069-999-07-001-L04  
Effective dates: 1/30/2007 to 1/30/2010

## “Do you cAARd?” Diabetes and Tobacco Cessation Program Task Force

Chesney Hoagland-Fuchs, BSN, RN, CDE  
Lisa Hartley, RN, BSN, CDE  
Cindy Sandor, RN, CDE  
Lyla Prince, RN, BSE, CDE  
Deborah Greenwood, MEd, APRN, BC-ADM, CDE  
Carolyn Salinas, RN, CDE  
Tami MacAller, MPH, CHES  
Karin Omark, EdM  
Kirsten Hansen, MPP

### Partner Organizations

California Diabetes Program  
California Smokers’ Helpline  
California Tobacco Control Section



For more information, please visit  
[www.caldiabetes.org](http://www.caldiabetes.org)

The “Do you cAARd?” diabetes and tobacco cessation campaign is supported by grant number 5U58 DP922827-04 from the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors/presenters and do not necessarily represent the official views of the CDC.